

Vegetable Seeds to Start *Indoors* BEFORE Last Frost

The tables below give approximate seed starting dates. These should be fairly accurate for most areas of the country and most vegetable varieties, but check the seed packet for specific instructions as some cultivars can have different requirements.

| Weeks Before Last Frost | Plants | When to Transplant Outside |
|-------------------------|--|---|
| 10 - 12 | Broccoli Brussel sprouts Cabbage Cauliflower Collards Kale Kohlrabi Mustard Celery | 4 - 6 weeks before last frost Except celery - transplant that 2 weeks before last frost (it will bolt in response to cold) |
| 8 - 10 | Lettuce Spinach Chives Leeks Onions | 4 weeks before last frost or when the soil can be worked |
| 6 - 8 | Eggplant Okra Peppers Tomatillo Tomatoes | After last frost. |
| 6 | Asparagus Basil Fennel | |
| 2 - 4 | Cucumber Melons Pumpkins Squash | After last frost. These can also be direct sown 2 weeks after the last expected frost. |

Note: Give plants time to harden off before transplanting.

Vegetable Seeds to Sow *Outdoors* BEFORE Last Frost

| Weeks Before Last Frost | Plants |
|-------------------------|--|
| 8 - 10 | Beets Fava beans Seed potatoes Onion sets Rutabagas Turnips |
| 6 - 8 | Radishes Kale Kohlrabi Carrots Lettuce Spinach Chinese cabbage Swiss chard Mustard |
| 4 - 6 | Endive English Peas |

Vegetable Seeds to Sow *Outdoors* AFTER Last Frost

| Weeks After Last Frost | Plants |
|------------------------|---|
| 1 - 2 | Beans Celeriac Cowpeas |
| 2 | Corn Cucumbers Pumpkins Melons Squash |

Herbs to Sow *Indoors*

| Weeks Before Last Frost | Plants | When to Transplant Outside |
|-------------------------|--|---|
| 8 - 10 | Lemon Balm Summer Savory Winter Savory | When soil can be worked 2 weeks after last frost Around average last frost |
| 6 - 8 | Fennel Parsley Rosemary | Around average last frost 2 weeks before last frost 2 weeks before last frost |
| 3 - 4 | Basil Sage | 2 - 3 weeks after last frost 2 weeks after last frost |

Herbs to Sow *Outdoors AFTER* Last Frost

- Angelica
- Anise
- Borage
- Caraway
- Chamomile
- Chervil
- Chives
- Cilantro
- Cumin
- Dill
- Fennel
- Lavender
- Lovage
- Marjoram
- Mustards
- Salad Burnet
- Sorrel
- Sweet Cicely